

The Aerobic Center

Lynch Field ★ Greensburg, PA

526 New Alexandria Rd, Greensburg, PA 15601 724-834-2153 www.aerobiccenter.org

ADAPTIVE EXERCISE

SPECIAL NEEDS CLIENTS CAN ENJOY AN HOUR OF WATER GAMES AND FITNESS.

WEDNESDAYS 5:30-6:30PM

April 1- May 20, 2026

Cost: \$50.00 / 8 Week Session or \$10.00/ Class

Sessions are subject to cancellation if the minimum of 8 participants is not met.

Registration deadline is March 25, 2026.

The Aerobic Center is not responsible for assisting individuals in the locker rooms.

Aides must assist and accompany clients in locker rooms and accompany clients into pool if necessary.



Registration forms available online and at The Front Desk. Call Rachel for details. An aide may accompany individual in the water at no cost.

Participant's Name _____ Age _____

Address _____ Phone# _____

Guardian's Name _____ Aide/Caregiver's Name _____

Caregiver/Aide Phone# _____

RELEASE AND AGREEMENT

I fully understand that the Adaptive Exercise program requires moderate physical activity and hereby represent and acknowledge that my physical condition permits me to participate in the Adaptive Exercise program. I further realize that all monies collected for this program are **non-refundable and non-transferable** for any reason, except in the event The Aerobic Center cancels the program. I also release and discharge The Aerobic Center, its instructors, lifeguards, supervisors, and directors from any and all claims, damages, demands and liabilities arising out of or in any way related to participation in the Adaptive Exercise Program.

Participant's Signature

Parent/Guardian's Signature

Date

Office use: Receipt# _____ Date paid _____ Amount paid _____

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WEDNESDAY, March 5th

5:30-6:30PM

Make up day for January 22nd

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