

Pool- Swimming Lessons

Fall Session is now closed. Registration for Winter Session will open in November.

Winter Session dates are January 6- February 27, 2021

Group Swim Lessons

**The
Aerobic
Center**
Lynch Field ★ Greensburg, PA

- Lessons available for ages 6mo.– 12 years
- Beginner to advanced levels
- Winter Spring or Fall Sessions
- Member and non-member prices
- Experienced and certified instructors



Infant/ Toddler Level Water Awareness: ages 6-36 months. Games and songs while learning to swim. *Parent must accompany child in the water. Infants must wear a swim diaper.

Level I Primary Skills: ages 3-5 years. Ready to swim- beginner swimmers.

Level II Stroke Readiness: ages 4-6 years. Learn beginner strokes and water safety. Students should already be able to swim forward, float on his/her back and be able to jump in by him/herself.

Level III Stroke Development: ages 6 years and up. Learn stroke techniques. Student should already be able to swim the width of the pool and have some knowledge of proper swim strokes.

Level IV Stroke Refinement: ages 6 years and up. All swim strokes refined. Student should be able to swim the length of the pool and have some knowledge of proper swim strokes.

Level V Swim Team Ready: ages 8 years and up. Learn competitive swimming skills.

526 New Alexandria Rd. Lynch Field Greensburg, PA 15601 724-834-2153
www.aerobiccenter.org

Private Swim Lessons

Learn to swim

Improve swim strokes

Correct breathing technique

Improve competitive strokes

Experienced and certified instructors

One to one attention

Indoor warm water pool

Lessons are 1/2/ hour in duration

Member rate **\$25/ lesson or \$95 for 4 lessons**

Non-member rate **\$35/ lesson or \$135 for 4 lessons**

Parents of children who are current members are eligible for the member rate. Must be paid in full and all appointments must be scheduled at time of payment.

Contact Colby for scheduling and additional information



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