

# Pool

## May 13-31, 2018 LAP/REC SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:55 Lap/Rec. Swim	5:00-9:25 Lap/Rec. Swim	5:00-8:55 Lap/Rec. Swim	5:00-9:25 Lap/Rec. Swim	5:00-8:55 Lap/Rec. Swim	7:00-8:55 Lap/Rec. Swim	7:00-1:00 Lap/Rec. Swim
9:00 Aqua Class	9:30 Aqua Class	9:00 Aqua Class	9:30 Aqua Class	9:00 Aqua Class	9:00 Aqua Class	
10:00 Aqua Class	10:30 Aqua Class	10:00 Aqua Class	10:30 Aqua Class	10:00 Aqua Class	10:00-1:00 Lap/Rec. Swim	
11:00-5:25 Lap/Rec. Swim	**11:30-1:00 Aquatic Therapy & Lap/Rec. Swim	11:00-6:55 Lap/Rec. Swim	**11:30-1:00 Aquatic Therapy & Lap/Rec. Swim	11:00-12:00 Private Class	1:00-2:55 Family Swim NO LAP SWIMMING	1:00-2:55 Family Swim NO LAP SWIMMING
	1:00-5:25 Lap/Rec. Swim		1:00-5:25 Lap/Rec. Swim	12:00-6:25 Lap/Rec. Swim		Pool Closes 3:00
5:30 Aqua Class	5:30 Aqua Class	5:30 Aqua Class	5:30 Aqua Class	Pool Closes 6:30	<b>**Limited Lap/Rec. Lanes</b>	
6:30-7:55 Lap/Rec. Swim	6:30-7:55 Lap/Rec. Swim		6:30-6:55 Lap/Rec. Swim		<b>POOL HOLIDAY HOURS</b> Thurs. 5/24 5am-3pm Fri. 5/25 5am-3pm Sat. 5/26 7am-11am Sun. 5/27 7am-11am Mon. 5/28 Memorial Day 7am-11am	
Pool Closes 8:00	Pool Closes 8:00		Pool Closes 7:00	Pool Closes 7:00		

Lap/Rec. Swim times are designated for lap swimming and /or stationary exercising. This is not a playtime for children.

Children under the age of 12 years are permitted to use the pool during Lap/Rec. Swim times for exercise purposes only and must be accompanied by an adult in the water.

Aqua Therapy- attendance must be pre-authorized through Patriot Physical Therapy (724)219-3027.

Family Swim times are designated for children (6 months and up) and families to play and enjoy the water. Lap swimming is not permitted during these times.

Aqua Class- Refer to Group Exercise Aqua schedule for more details.



Get re-certified and ready for summer.  
Lifeguard Recertification Course  
May 19, 2018  
8-4pm  
\$100/members  
\$150/ non-members



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Aerobic Center Lynchfield

Try Something NEW!  
Special Water Aerobics  
Class  
with Colleen  
Wednesday, May 30th  
6:00-6:30am  
Limited lap swimming during this time.